

Meats Delivered to Your Doorstep

Thanks to Mary Heffernan, who helped me set up the original FP BLOG many years ago/then doing web design/she's now operating a ranch with her former-attorney husband and four daughters in Northern California.

You might enjoy following her on Instagram [@fivemarysfarms](https://www.instagram.com/fivemarysfarms). AND hearing about the meats you can [access online](#) while times are tough in your local stores.

